



Saint George's Church
Campden Hill

Saturday

March 21st

Anno Domini 2009

Evening Prayer



Gather in silence.

We begin our prayer from the song no. 98 (We adore You, Lord Jesus)

We then sing Dying you destroyed our death (no. 22)

Meditation 1

Who is in control of the storms of your life?

A huge storm came up. Waves poured into the boat, threatening to sink it.

And Jesus was in the stern, head on a pillow, sleeping! They roused him, saying, "Teacher, is it nothing to you that we're going down?" Awake now, he told the wind to be calm and said to the sea, "Quiet! Settle down!"

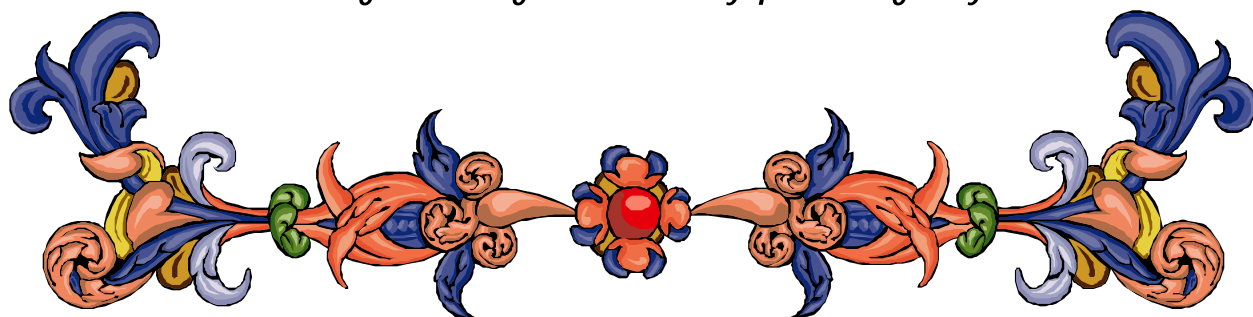
The wind ran out of breath; the sea became smooth as glass.

Jesus reprimanded the disciples: "Why are you such cowards? Don't you have any faith at all?" They were in absolute awe, staggered. "Who is this, anyway?" they asked. "Wind and sea at his beck and call!"

Do we feel overwhelmed sometimes by the storms of life, the winds that blow us of course, the waves that threaten to swamp us. Who then do we put our trust in?

Period of silence

We sing the song no. 57: My peace I give you



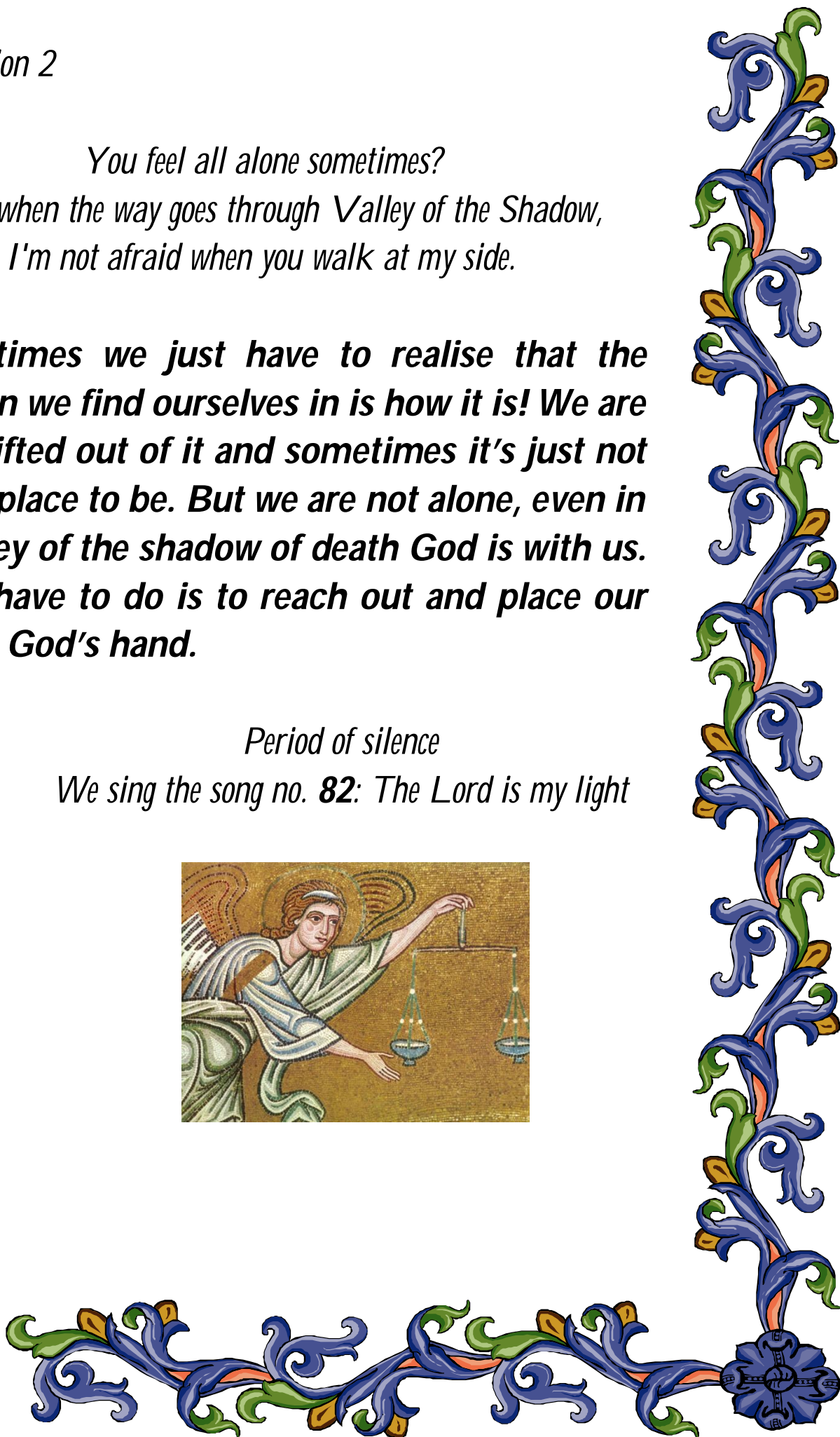
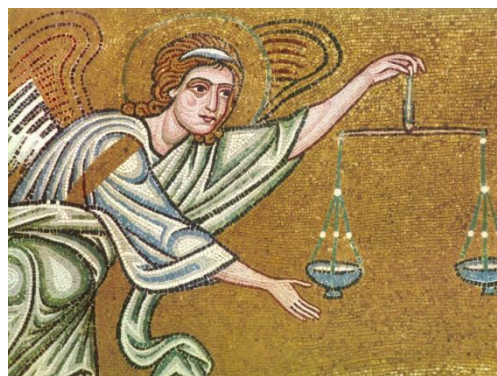
Meditation 2

*You feel all alone sometimes?
Even when the way goes through Valley of the Shadow,
I'm not afraid when you walk at my side.*

Sometimes we just have to realise that the situation we find ourselves in is how it is! We are not airlifted out of it and sometimes it's just not a good place to be. But we are not alone, even in the valley of the shadow of death God is with us. All we have to do is to reach out and place our hand in God's hand.

Period of silence

We sing the song no. 82: The Lord is my light



Meditation 3

Is it all too much?

Jesus said, "Are you tired? Worn out? Disillusioned with religion? Come to me. Come away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

I invite you to read and reread these words of Jesus. He's talking to you, to me, to all who sometimes feel at the end of their tether, who are frustrated, sad, despondent, all for whom life seems to be passing on by, for those who need a little something to get through the day. That something could be Jesus!!

Period of silence

We sing the songs:

no. 81: The Kingdom of God

no. 89: Ubi caritas et amor (A)

no. 73: Sing to God

Blessing

